



Grades 3-4
8-week class
Thursdays, 3:20-4:20
March 9, 16, 30
April 6, 20, 27, May 4, 11
\$160

Sticks & Stones Lacrosse

AC Sports Academy is offering a Sticks & Stones Lacrosse program. It is our entry-level program for young laxers in first and second grade. Charlotte Latin Lacrosse Program Director Nikki Williams and her team of coaches understand that this might be a youngster's first organized sport. Focus is on teaching the basics of lacrosse in a fun and friendly environment. Players will learn how to hold the stick, the parts of the stick, scooping the ball, cradling, catching and throwing with soft lacrosse balls. This is a great opportunity for young players to try something new!



Grades 4-5
8-week class
Mondays, 3:20-4:20
March 13, 27, April 3, 10, 24
May 1, 8, 15
\$145

I-Pad: Create, Capture & Animate!

Come hang with Black Bird Studio after school and get creative with your iPads! Students will love learning how to take gorgeous photographs and cool stop motion animations. The fun will include outdoor photo shoots, iPad app workshops and open studio time to create awesome art. iPads with free photographic apps downloaded will be provided.



Grade 5 Girls
10-week class
Mondays, 3:15-4:20
Jan 9, 23, 30, Feb 6, 13, 27
March 6, 13, 27, April 3
\$185

Life Skills Yoga

Grab your yoga mat, call a friend and join Guru Girls! The mission of Guru Girls Yoga is to empower girls through mindfulness, yoga and fun. This program supports girls living in a fast-paced, social media world to become more intentional, empowered and grounded in their personal values and relationships. Guru Girls Yoga is designed to increase adolescent girls' self-confidence and resilience through the power of the mind-body connection. "Messages from the mat" are geared towards empowering girls to make healthy life choices in preparation for the middle school years. Activities will include group mindfulness, breathing techniques, yoga poses, group discussions and journaling. The Guru Girls Yoga Program is taught by Margot Brinley, a Licensed Clinical Social Worker, a registered yoga teacher and certified children's yoga instructor, and mother of 3.



Want to know more?

HOW TO REGISTER:

Please complete the online registration at soarlatin.campbrainregistration.com. Enrollment will be on a first-come, first-served basis, so be sure to submit your online forms promptly. Upon registration, you will receive an email confirmation. **The registration deadline is Wednesday, January 4, 2017.**

POLICIES AND BILLING:

- All children enrolled in a SOAR Program will be under the direct supervision of Hawks Club Afterschool teachers.
- If your child is not currently enrolled in Hawks Club (formerly known as Extended Day), there will be an additional \$50 fee to participate in each 10-week activity, \$40 for an 8-week class and \$30 for a 6-week class. Fees cover Hawks Club supervision before class, during class and at dismissal time of your selected activity. **If your child is enrolled in Hawks Club on the day of your chosen activity, you will not incur this fee.**
- All payments must be made online. No cash or checks are accepted.

PICK-UP/DROP-OFF:

TK/K students will be picked up from classrooms by a Hawks Club teacher and will be taken to the Hawks Club classroom until their SOAR class begins. At the 3:10 p.m. dismissal, a teacher will take students to front carpool, back carpool, bus or Hawks Club.

Grade 1-5 students will meet a Hawks Club teacher at an assigned location to check attendance and have a snack before being taken to their registered class. Once class is over, your child will be dismissed to back carpool (Raintree side), Hawks Club or the Lower School Christ Church/Trinity bus, which leaves campus at 4:30 p.m.

Back Carpool Pick-up Procedure (Raintree Side)

- First car pull forward towards the orange cone
- Form only one line in the lane closest to the sidewalk
- Display child's name in right front window
- Pull forward to keep the line moving
- Children are not allowed to cross over to the parking lot
- If you are running late, please call Mrs. Hamilton at 704-560-8034

4:30 Activity Bus

CLS offers a late activity bus that leaves campus at 4:30 p.m. for Lower School students who participate in an after-school program. If you are already paying the round-trip bus fare, there will be no additional charge to ride the activity bus. If your child is not a round-trip bus rider, the charge will be \$450 per semester. All children who need to ride the 4:30 p.m. bus must be registered. Please contact Michael Bocian at michael.bocian@charlottelatin.org to register.

SNACKS:

We will provide snacks. If your child has any food restrictions, indicate it on the registration form and notify Mrs. Hamilton prior to the first class. If you wish to provide your child's snack, note that on the registration form as well. Please know we are a peanut-free program.

ALLERGIES:

Please indicate on the registration form and notify Mrs. Hamilton if your child has any anaphylactic allergies. You must provide an EpiPen and an action plan prior to the first day of class. The Lower School nurse is available 1:30 - 3:45 p.m. After 3:45 p.m., an athletic trainer is on campus if needed. Our Hawks Club teachers are also trained in CPR, First-Aid and EpiPen procedures. Upon the completion of your child's 8-week or 10-week class, all medications will be sent home with your child.

ATTENDANCE:

If your child needs to miss a class, please email soarprograms@charlottelatin.org and copy your child's classroom teacher. Call or text Mrs. Hamilton regarding last-minute changes at 704-560-8034.

REFUND POLICY:

There are no refunds or make-up days for missed classes. No refunds will be given after the first class session except in emergencies. Please email soarprograms@charlottelatin.org if this situation applies to your child.

CANCELLATION OF A CLASS:

Charlotte Latin reserves the right to cancel any class for which there is not adequate enrollment. If a class is canceled due to inadequate enrollment, you will be notified via email and issued a full refund.

**If you have any questions, please contact Freya Hamilton:
704-846-7260 or soarprograms@charlottelatin.org**

After School SOAR Programs
Winter/Spring 2017

CHARLOTTE LATIN SCHOOL

soarlatin.campbrainregistration.com

Program Offerings

SOAR Programs are designed to introduce Lower School students to a skill, spark a new interest, or broaden an existing talent. Classes are taught by instructors who are professionally trained and educated in their respective fields. The goal of SOAR is to help students maintain healthy routines, learn practical and relevant skills, and explore new possibilities that provide excitement during after-school hours.



JUMP BUNCH
Sports And Fitness For Kids
www.jumpbunch.com

TK/K
8-week class
Fridays, 2:00 – 2:45
January 13, 20, 27
February 3, 10, 24
March 3, 10
\$140

Jump Bunch

Jump Bunch is back by popular demand and ready to get children up and moving. All activities are age appropriate and promote the development of hand-eye coordination and fine motor skills. This class is a great way to enhance a variety of sports and fitness games in a non-competitive environment. Some sports included in this class are volleyball, lacrosse, kickball, hockey and soccer. Fitness challenges are a blast and include activities such as Chicken Pops, Flying Discs, Fling and Fly and Kooshie Ball. Jump Bunch is a great way for children to release energy at the end of the day while learning a different activity every class. Come join the BUNCH!



SWIM MAC
Swim School

TK/K
8-week class
Tuesdays & Thursdays, 2:00 – 2:30
January 10, 12, 17, 19, 24, 26, 31,
February 2, 7, 9, 14, 16, 21, 23, 28
March 2
\$248

SwimMAC Swim School

Dive into swim class! This class takes place at the SwimMAC facility and is taught by certified swim instructors. Your child will learn water safety skills, freestyle, backstroke skills and more advanced strokes and skills for those who are ready. The class will include fun activities and promote safety, building the child's ability and confidence in the water. This class will accommodate all skill levels, so come make a big splash!




TGA
Premier Junior Golf

TK/K
8-week class
Fridays, 2:00 – 2:45
March 17, 31, April 7, 21, 28
May 5, 12, 19
\$170

TGA Golf

"FORE"!! Whether your child is new to the sport or has played before, this class is appropriate for all skill levels. TGA's 5 Level Enrichment Program focuses on instilling a passion for golf, developing skills, having fun and building confidence. The 5 E's are engage, empower, embrace, educate and enhance. Every class includes golf instruction, physical activity, a rules and etiquette lesson, an academic lesson and a character development theme such as sportsmanship, honesty, cooperation or respect. Each child will receive a student handbook and a golf hat. Level clips are provided once the student progresses through written tests and skills challenges.




the playful
YOGI

TK/K
8-week class
Mondays, 2:00 – 2:45
March 13, 27, April 3, 10, 24
May 1, 8, 15
\$130

Yoga Adventures by the Playful Yogi

Yoga Adventures will offer animated poses, energetic games, music and breathing exercises while focusing on body core strength, body coordination and body awareness. Students will begin with a warm-up of breathing, songs and the Sun Dance. After that, it's up to the kids where we "go." Each week, students will go on adventures and use yoga poses to act out the "story" we create. Then we will make a "yoga snack" and play a game or two. Class ends with quiet time and relaxation called "savasana."



TK/K
10-week class
Tuesdays & Thursdays 1:50 – 2:50
March 9, 14, 16, 28, 30
April 4, 6, 11, 18, 20, 25, 27
May 2, 4, 9, 11, 16, 18, 23, 25
\$265

Grades 1 & 2
10-week class
Tuesdays & Thursdays 3:20 – 4:20
March 9, 14, 16, 28, 30
April 4, 6, 11, 18, 20, 25, 27
May 2, 4, 9, 11, 16, 18, 23, 25
\$265



TK/K: 2:10 – 2:55
Grades 1 & 2: 3:25 – 4:10
Wednesdays
8-week class
March 8, 15, 29
April 5, 12, 19, 26, May 3
\$145



TK/K
8-week class
Wednesdays, 2:00 – 2:45
January 11, 18, 25
February 1, 8, 15, 22, March 1
\$195

Grades 3 & 4
8-week class
Wednesdays, 3:20 – 4:20
January 11, 18, 25
February 1, 8, 15, 22, March 1
\$195

Grade 5
8-week class
Wednesdays, 3:20 – 4:20
March 8, 15, 29
April 5, 12, 19, 26, May 3
\$195



Monsters & Me

Children transform into musical monsters as they stir on stage singing and dancing to magical melodies! Students will explore thematic elements in story drama, dance, music and art activities each week. This 10-week session will conclude with a showcase for family and friends on the final class day.

Camping Out!

Campers combine tall tales and campfire songs as they "pitch a tent under a starry sky" and hike their way into a forest of fun! Students will explore thematic elements in story drama, dance, music and art activities each week. This 10-week session will conclude with a showcase for family and friends on the final class day.



Soccer Shots

Gooooo!! For nearly 17 years, Soccer Shots has introduced soccer to the children of Charlotte. Using creative and imaginative games, weekly sessions focus on basic soccer skills like dribbling, passing and shooting. Positive character traits are highlighted during each session such as respect, teamwork and confidence. Whether your child is new to soccer or has been playing for a few years, Soccer Shots will expose him or her to the fun of soccer, sportsmanship and being part of a team.



Little Makers: Bridges & Buildings

Let's get building! Students will learn how civil engineers design, build and create the world around us. Using different materials and shapes, we will build everything from dams to bridges using Cubelets, Legos, K'Nex and even unconventional materials like marshmallows to bring these concepts to life.

Young Makers: Build your own Bird Houses

Let's help Mother Nature. Under the supervision of a teacher, our young makers will use 21st century tools in the Fab Lab, including 3D printers and laser cutters, to make their very own bird houses. Students will learn fantastic maker skills as they help build a home for our feathered friends.

Underwater Explorers

Two thirds of the world is covered by oceans. Our engineering class will build underwater robots to explore this amazing world. Under the direct supervision of a teacher, we will safely use tools in the Fab Lab including 3D printers, laser cutters, drills and cutting tools. If time permits, we will learn about creatures big and small that live in this aquatic world by using everything from microscopes to fish nets.




Grades 1 & 2
8-week class
Tuesdays, 3:20 – 4:20
January 10, 17, 24, 31
February 7, 14, 21, 28
\$195

Grades 3–5
8-week class
Tuesdays, 3:20 – 4:20
March 14, 28, April 4, 11, 18, 25
May 2, 9
\$210



Sew Fun

Students will design and learn how to hand-sew various projects. While having fun with their friends, they will safely learn beginner hand-sewing skills such as threading a needle, knotting thread, sewing a running stitch, sewing a whipstitch and sewing on a button. Students will make a pin cushion, owl key chain and a winter-themed pillow. Come join the fun!

Sewing Machine 101

Curious about what your child can make with a sewing machine? Come join Sew Fun where children will design and sew various creative projects. While having fun with their friends, they will safely learn basic sewing skills such as threading the sewing machine, making a bobbin and pinning. Other skills learned will include sewing a straight 5/8" seam and zigzag seams, sewing a casing and appliqué techniques. Students will learn to appliqué a pillow and make pajama shorts! Sewing machines will be provided and are speed adjustable. No sewing experience necessary.



Grades 1–5
10-week class
Thursdays 3:20–4:20
January 12, 19, 26
February 2, 9, 16, 23
March 2, 9, 16
\$180

Charlotte Chess Center

Checkmate! Come experience chess instruction and play the game in a fun-filled environment. Students will learn the movements of each chess piece as well as learn basic chess concepts such as castling, check and checkmate. By the end of the class, students should be able to confidently move pieces and castle. As the students advance, they will learn concepts such as stalemate, piece values and types of checkmates (i.e. Ladder Checkmate). Students will also learn and practice notation. Whether your child is new to chess or has played before and needs to polish their skills, this class is sure to be a winner for all! Each student will be provided with chess sets, weekly master instruction and workbooks.



TK/K: 2:20 – 2:55
Grades 1–5: 3:25 – 4:15
10-week class
Mondays
Jan 9, 23, 30, Feb 6, 13, 27
March 6, 13, 27, April 3
\$200

M.A.T.I. Kempo Karate Kids

Don Newell and Eliza Newell from M.A.T.I. Kempo Karate are back by popular demand for their sixth year! The Martial Arts Training Institute helps students learn basic karate techniques, including kicks, blocks, strikes and self-defense. The class will also focus on students building confidence when meeting someone new by practicing the Three Things to a Polite Greeting: Good Eye Contact, Good Firm Handshake and Good Loud Voice. Students also learn the Three Rules of Concentration: Focus Eyes, Mind and Body. Important Life Skills, such as being respectful, having a positive attitude, self-control and honesty will be reinforced. The last class will consist of a belt ceremony where the students will showcase what they have learned to their instructors and family. Whether a child is new to the sport or working to move up to a higher belt level, this class will accommodate all skill levels.